

1. Going with the Flow

I take my lumps when I fall
I'd be lying to say it don't hurt much at all
Most of the time I hit hard when I fall
I hit hard, so hard when I fall

I'm going with the flow
Riding on the tide
Drifting o'er the sea
Take me where I'm bound to be

I've been swept right off of my feet
While trying to hold on to deep rooted trees
Their changing wind set me back on my feet
Those winds set me back on my feet

I'm going with the flow
Riding on the tide
Drifting o'er the sea
Take me where I'm bound to be

Now I don't know where I'm going
At times this frightens me
Still I trust not knowing, 'cause I know

I'm going with the flow
Riding on the tide
Drifting o'er the sea
Take me where I'm bound to be

2. I Feel Rich

Here I stand strumming my guitar
Counting my blessings 'cause I've traveled far
I've grown up faster than a speeding car
Made a few wrong turns, now I'm slowing down with minimal scars

You see, I made my way past the welfare line
Working night and day for a nickel and dime
It's what a mama does to feed her child
I feel rich every time I seen my baby smile

Every story, pain or glory, hold your head up high
There's buried pleasures wealth and treasure money just can't buy

I've done my job, my baby's grown
He's a hard working man living on his own
Still worries 'bout his mama being all alone

So he found me a fella who's keepin' me company at home

He don't mind where I come from
If I dance to rhythm of a different drum
He's crazy 'bout the woman that I've become
I feel rich when I'm tangled with my bundle of love

Every story, pain or glory, hold your head up high
There's buried pleasures wealth and treasure money just can't buy

I thank God for where I'm at
All my troubles are at my back
I'm older; I'm wiser; as a matter of fact
I'm happy as a clam; purring with my lazy ole cat
I'm happy as a clam; purring with my lazy ole cat
I feel so rich; I'm happy as a clam; I'm purring like a lazy ole cat

3. Rise From the Storm

You stood in your garden of roses
The stars were nicely aligned
All that you planted, taken for granted
Never dreamed you'd leave it behind

When the ground below starts to rumble
The walls came tumbling down
Too late to hold on, was already gone
As your world swirled around

We cry for what's lost after it's gone
Maybe it's better this way
Rise from the storm tattered and torn
There's hope in the light of a brand new day

Time has a way of forgetting
While the heart holds on to the pain
We live just surviving, no fire inside
Are you ready to make a change?

If you'd like you can be my companion
When you're tired of walking alone
There's a place we can go, nobody knows
Set down our heavy lodes

We cry for what's lost after it's gone
Maybe it's better this way
Rise from the storm tattered and torn
There's hope in the light of a brand new day

No worries my dear, you won't hurt me
Been already tattered and torn
I keep my heart safe in a sacred place

So I don't worry no more

We cry for what's lost after it's gone
Maybe it's better this way
Rise from the storm tattered and torn
There's hope in the light of a brand new day

4. Young Summer Hues

Time stood still in a heated thrill
When I heard you on the telephone
Once my one and only left me crying lonely
The sweetest love I've known

Those memories come crashing past, in a raging stream of photographs
flooded by the love I've held for you
Sweep away sweet destiny, be still this heart inside of me
Recalling days of young summer hues
Those painted days of young summer hues

Dare to say we were swept away
In the rise & fall of summer tides
A first love wakened, with sweet love makin'
You've stayed forever in this my heart of mine

Those memories come crashing past, in a raging stream of photographs
flooded by the love I've held for you
Sweep away sweet destiny, to a time when we were free to be
All those days of young summer hues
Those painted days of young summer hues

Life moves on with every break of dawn
We can't turn back the hands of time
But, if you meet me halfway, I will meet you halfway
We'll give our love half a chance to shine

Those memories come crashing past, in a raging stream of photographs
Flooded by the love I've held for you
Sweep away sweet destiny, to this time and place we're meant to be
We'll paint our days in fiery autumn hues
Recalling days of young summer hues
Those painted days of young summer hues

5. Back in the Day

Slowly she walked 'cross the worn gravel drive
The gate, off its hinge, slammed closed in her mind
The sign on the tree reads, "no one allowed"
Back in the day there was always a crowd

Sisters for life, crossed their hearts hoped to die
Sat 'neath that tree, shared their deepest desires
Singing, "Who will we marry? What will we be?"
Back in the day life was so carefree

It was oh, so easy, It was oh, so light
Back in the day everything felt so right

They looked past the innocent eyes of the child
Ran through fields of young dreams growing wild
Ready to face what the world held in store
Back in the day they couldn't wait for more

It was oh, so easy, It was oh, so light
Back in the day everything felt so right

Oh, how bittersweet
When the dreams we hold and the dreams of old collide

Gently the branch on that willow bends
She smiles in the breeze as her memories transcend
Swiftly the tide turned away from the shore
Back to the days of the simple and pure
Back in the day
Remember
Back in the day

6. Pennies

Lately I've been wandering 'round, watching bridges burning down
Trying to turn my luck around, picking pennies from the ground

Seems I can't find much to show, when my spirit's running low
Still you're here you let me know, my pocket of fortune overflows

I got a pocket full of pennies. Pennies for your thoughts
Pennies for the wishing well and for days I'm running short
I got pennies sent from heaven I found along the floor
I got you and I got pennies for the candy store

Tick tock tick life's passing by, hold on to the hands of time
Oh, tick tock tick tock flying high, then lay beneath a turquoise sky

I got a pocket full of pennies. Pennies for your thoughts
Pennies for the wishing well and for days I'm running short
I got pennies sent from heaven I found along the floor
I got you and I got pennies for the candy store

Sugar and spice; all things nice
Simple and sweet; all the riches that I need

I got a pocket full of pennies. Pennies for your thoughts

Pennies for the wishing well and for days I'm running short
I got pennies sent from heaven I found along the floor
I got you and I got pennies for the candy store
I got you and I got pennies... I don't want for anymore

7. Kick off my Shoes

I'm not the kind of girl, you know, that likes to complain
I keep my business to myself, I respect the same
I have learned life's a game of give and take
And right about now I'm trying to take a break

Oh the soles of my shoes, they are worn out and used
I've been on this rocky road for miles and miles
I've been working like a mule
Now all I want to do is kick off my shoes for a while

Been doing what I can just trying to keep ahead
But lately every step I take I fall back two instead
I'm growing tired of this heavy load
And damn, I swear I've tripped on every bump along this road

Oh the soles of my shoes, they are worn out and used
I been on this rocky road for miles and miles
I've been working like a mule
Now all I want to do is kick off my shoes for a while

Oh the soles of my shoes, they are worn out and used
I've been on this rocky road for miles and miles
I've been working like a mule
Now all I want to do is kick off my shoes for a while
Kick off my shoes for a while
Kick off my shoes
Kick off my shoes and rest for a while

8. Ursula

Woven through my tapestry, there's a shining golden thread
In the fabric of my history, a woman stands out in my head
Before lying to her final rest, brushed on her lips her favorite red
Her life, a memory to hold; her life, a story waiting to be told

Born in the winter of 1910
To Angelina and Antonio, in the city's Italian end

Falling fifth in line of their ten children
They called her Ursula, but in years to come she'd be known to me as Grandma and as friend

They say it was hard then to make ends meet
She was working as a young teen at the Alkay Factory
Spent years behind the foot-press making fancy jewelry
Sometimes life's not kind; she could always find, love in her close-knit family

Oh, Ursula, here's to your life that I sing
All the grace of a lady, silent strength of the wind
The foundation of the rock on which your family would climb
Know your scarlet smile lives on.... Through time

Ursula found freedom on the dance parlor floor
Kickin' up the Charleston while the crowd yelled for more
Little did she know my Grandpa watched her from the door
Soon they danced all night, they would dance for life
Together, forever they would soar

Grandpa took a piece of Grandma's heart when he died
The doctors, they said it was broken inside
Let go or stand to fight, only Grandma could decide
She searched until; she had found the will
Said, "There's still a lot to live for in my life"

Oh, Ursula, here's to your life that I sing
All the grace of a lady, silent strength of the wind
The foundation of the rock on which your family would climb
Know your scarlet smile lives on.... Through time

Truth as it goes, all good things must end
At eighty-six years Grandma danced her last step
She brushed on her lips her favorite shade of red
On that autumn night, without a fight, laid her weary soul across the bed

Oh, Ursula, here's to your life that I sing
All the grace of a lady, silent strength of the wind
The foundation of the rock on which your family would climb
Know your scarlet smile lives on....
The love in your smile lives on and on ...through Mine

9. When this Heartache Ends

Nights are long without you
don't get much sleep anymore
my brain keeps playing and i keep praying
you'll walk right through my door

It's not how I imagined
searching for where I belong
my faith is shaken, my heart is breaking
I'm trying to be strong

I will start again when this heartache ends
Once I've put all its pieces back together, and then
I may cry again, 'cause I can't pretend
I hope, in time, I can live
When this heartache ends

Feels like we just started
though we tasted, we savored the years
I thought we'd fill the pages through our golden ages
I will love you long beyond tears

I will start again when this heartache ends
once I've put all its pieces back together, and then
I may cry again, 'cause I can't pretend
I hope, in time, I can live
I hope, in time, that I can find
I hope in time, that I can live
When this heartache ends

10. Shone Your Light

I was just a young girl chasing after dreams
Skipping through the forest, looking up at the trees
Blinded by their shadow, I did not see
Slipped into the water, was swimming up stream

I kept my head above the water just long enough to breathe
The tugging of the current tried to drag me deep
Heading for trouble I couldn't break free
You held out your hand, you rescued me

I don't know where I'd be today
If you hadn't found faith in me, enough to stay
The truth is, I never did believe
'Til you shone your light on my darkest day
Shone your light on my darkest day

You said I could move mountains if only I believed
I could dance on the water, set my spirit free
Now I know I have all need
Your light of love still shines on me

I don't know where I'd be today
If you hadn't found faith in me, enough to stay
The truth is, I never did believe
'Til you shone your light on my darkest day
Shone your light on my darkest day

It was a kind heart that changed my fate
A gentle hand when I'd gone astray

I don't know where I'd be today
If you hadn't found faith in me, enough to stay
The truth is, I never did believe
'Til you shone your light on my darkest day
Shone your light on my darkest day
Shone your light on my darkest day
Shone your light Shone your light
Shone your light on my darkest day

11. Matter of Time

Give me time, just a little more time; I need some time to clear my mind
Been up and down this same 'ole track, I'm never gonna come back

So just hold on, let me clear my mind
I said hold on, in time I know I'll find
I've got to get down, get down, down to the heart of, the heart of, the heart of my crimes
Been so long but I still can feel the freedom, I know it's just a matter of time

Give me time, just a little more time. I need some time to make things right
I lost my way so many times, but this time I won't lose this fight

So just hold on, let me clear my mind
I said hold on, in time I know I'll find
I've got to get down, get down, down to the heart of, the heart of, the heart of my crimes
Been so long but I still can feel the freedom, I know it's just a matter of time

12. Gun Metal Sky

He shivers 'neath a gun metal sky
His demons perched on the black ash clouds
Seeking shelter, he cannot hide
Prays to be saved, but not too loud

He prays for the soul of the man left behind
Sold that soul to the crack shack hounds
He lost his money, he lost his mind
to a slave when he craves, no mercy found

On a slow hard ride down the road to hell
lined with hollow souls and empty shells
in the dark their slivered hearts all have a story to tell

Those who pass him by turn away his eyes
Despite the sight of this lonesome crowd
Oh, but they don't know what he feels inside
When he lays his shame, where he once stood proud

On a slow hard ride down the road to hell

lined with hollow souls and empty shells
in the dark their slivered hearts all have a story to tell
He shivers 'neath a gun metal sky

13. Finding My Way

I was standing watch by the ocean
I'd been waiting for my ship to come in
when i heard the craziest notion
said do or die, sink or swim

I was flushed with a rush of confusion
I felt a cool grip of fear
When I looked out toward the horizon
I saw my ship was already here; my ship is already here

let the sun be my guide, let the wind fill my sails
Give me courage to carry this day
Help me stay on this course with a strong steady force
Keep me safe as I'm finding my way

Now, some may find it peculiar
I would leave behind all I know
when I heard pulsing like thunder
my heart was calling me home; my heart is calling me home

let the sun be my guide, let the wind fill my sails
Give me courage to carry this day
Help me stay on this course with a strong steady force
Keep me safe as I'm finding my way
I'm on my way...
Let the sun be my guide, let the wind fill my sails
Give me courage to carry this day
Help me stay on this course with a strong steady force
Keep me safe as I'm finding my way
Oh, help me stay on this course with a strong steady force
Keep me safe as I'm finding my way

14. Silence

I would have changed things in a heartbeat if you'd only said the word
I would have left the past behind me, to be your only girl
I would have turned around in the speed of sound if you told me it was right, but
Silence sliced the quiet of the night

I should have told you that I loved you, but I never found the nerve
I listened as those whispers sang 'you're more than I deserved'
I should have stood my ground and stopped their sound but, I saved my foolish pride, and
Silence sliced the quiet of the night

We could have changed things in a heartbeat if we'd only said the word
We could have found our peace and comfort in this great big lonely world

Instead we drew the lines and we wasted time and when the light dims in the dark
Silence will slice the quiet of the night
Silence in the quiet of the night

BONUS TRACK (15) ~ WON'T EVER QUIT

For our sisters, our mothers, our daughters, our lovers
For those we will never forget
In the light of this love I don't walk alone
And for this, I won't ever quit

There are days I don't feel certain; the ground isn't firm 'neath my feet
I fear what I hear in the darkness; I pray for a moment of peace

I won't give in without a fight
Take my hand, hold on tight
We'll put one foot in front of the other
Take one step at a time

For our sisters, our mothers, our daughters, our lovers
For those we will never forget
In the light of this love I don't walk alone
And for this, I won't ever quit

With the love of my friends and my family; there's courage that fills me within
I found strength in the kindness of strangers; who shine hope as each new day begins

I won't give in without a fight
Take my hand, hold on tight
We'll put one foot in front of the other
Take one step at a time

For our sisters, our mothers, our daughters, our lovers
For those we will never forget
In the light of this love I don't walk alone
And for this, I won't ever quit

In the light of this love we don't walk alone
And for this, we won't.... no, *We Won't Ever Quit!*